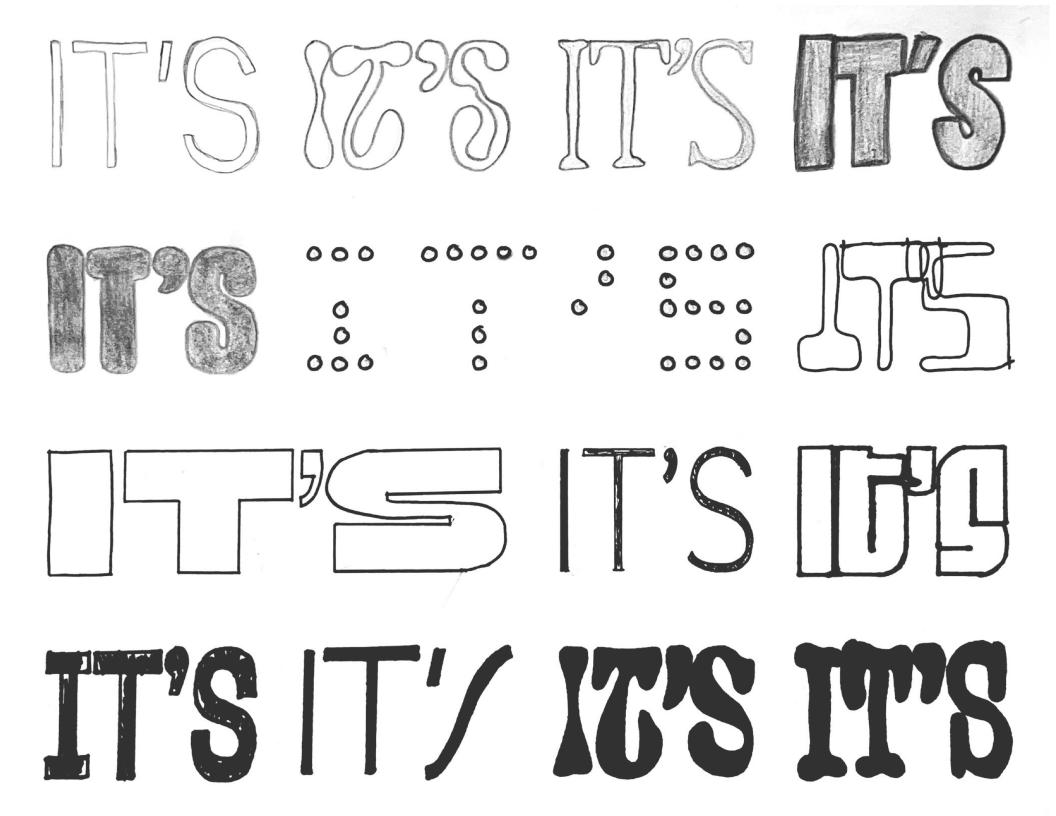
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Creat ughout its project for others who would also need out on the creation I found myself being a hypocrit if not I'm jus This project c s is the mo sonal project. He to make soi do. Lately, I have been plication, to really just I ogramy, whore these interests ser ad d create with out on a page and have I had so many expectations for the result of this project, which is ironic considering that this whole project is about trusting the process. Creative freedom scares me because I feel like everything that I put out on the page needs to be perfect if not I'm just wasting my time. This project came about because I wanted to remind myself that the process is the most important part of the project. All the trial and error, the uncertainty, the overthinking... it's all a big part of what happens when I create. However, for this, I just really wanted to let go and just do. Lately, I have been really into mixed media and typography, where these interests served as my main inspiration for the style of this project. I looked in books for inspiration, I looked in magazines, I looked in my old journals, I looked in in my never-ending camera roll, but I also looked to those with more expectations of perfection with those around me and the fear of whatever I do not being good enough or even enough at all. I wanted to create this project for others who would also need this reminder but throughout its creation I found myself being a hypocrite. I was doing the exact opposite of what my project was supposed to be about, I DID NOT trust the process and I just focused on the result. I kept recalling to something that my teacher said when trying to come up with a personal project. He told me to "just make something and forget its end application, to really just let go and create with no end goal, put all my creativity out on a page and have fun with it". He was right because although I love my craft, I am constantly in my head about all of it. I made tons of sketches and prototypes and I just still felt stuck. I realized that throughout all of this, my project really did just create itself. The process is my result and that was the point of the project that I was trying to prove to myself. I had built up imaginary walls and boundaries on my own creativity: me just really feeling like my own worst enemy. I highlighted all the errors and imperfections and put them on the page to searingly make something cool with the m bumps along the way. In each part of this project, I take my reac as myself through all the phases that make up my process; the the worries, the anxiety, the pop of fun, the inner child, the porc nothing, and the everything. The entirety of this project is basic inception, it doesn't need to make sense to you, but it makes se This is a project that I needed to do to help myself grow as a designer and

as a creative; to push past the expectations I have of myself and to step outside of my comfort zone. Now, the process might look different for everyone, but this is all part of my process.

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